CLARITY™

INSTRUCTIONS

Important: How to read the CLARITY™ Cards are on video at: http://claritycards.com.au/instructions

DISCLAIMER: CLARITY™ is a board game, information revealed in a reading is not meant to replace psychological, legal, medical, or other professional advice or services. The guidance & insight provided through the CLARITY™ Cards is intended to help users make better life choices. CLARITY™ shall not be liable regarding any action or non-action taken by the user in reference to any information gained during the readings.

CLARITY™ by *Kerrie Mercel*

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INTRODUCTION

Welcome CLARITY™ into your life and open your heart to the awareness that you are. You hold within the answer to your own love & happiness. With the assistance of CLARITY™ you will be able to facilitate anyone who wants to look into their past, future or present. You don't have to be a physic, you just need to be able to ask questions your awareness will do the rest.

From the moment of inception we start collecting emotional baggage. This baggage is created from the environment we live in, our circumstances, acquaintances, friends and family.

By the time we are 7 years old we have collected as much as 70% of the thoughts feelings and beliefs that we will carry into adulthood. It doesn't stop there either, everyday we collect more and more emotional baggage until we're totally overwhelmed and start creating "dis-ease" in the body, and mind.

This dis-ease can come in the form of physical illness like cancer. Mental illness like depression or addictions, and adverse circumstances which we think are beyond our control. All this baggage prevents us from living a life that we love.

Fortunately with CLARITY™ you have the ability to dive deep into your emotional baggage, and release emotions from the past that have kept you stuck, unhappy, challenged and unable to move forward.

I wish you the very best in your CLARITY™ readings. I am so grateful that you have chosen this card set as a stepping stone to changing your life.

Thank you from the bottom of my heart,

Kerrie Mercel

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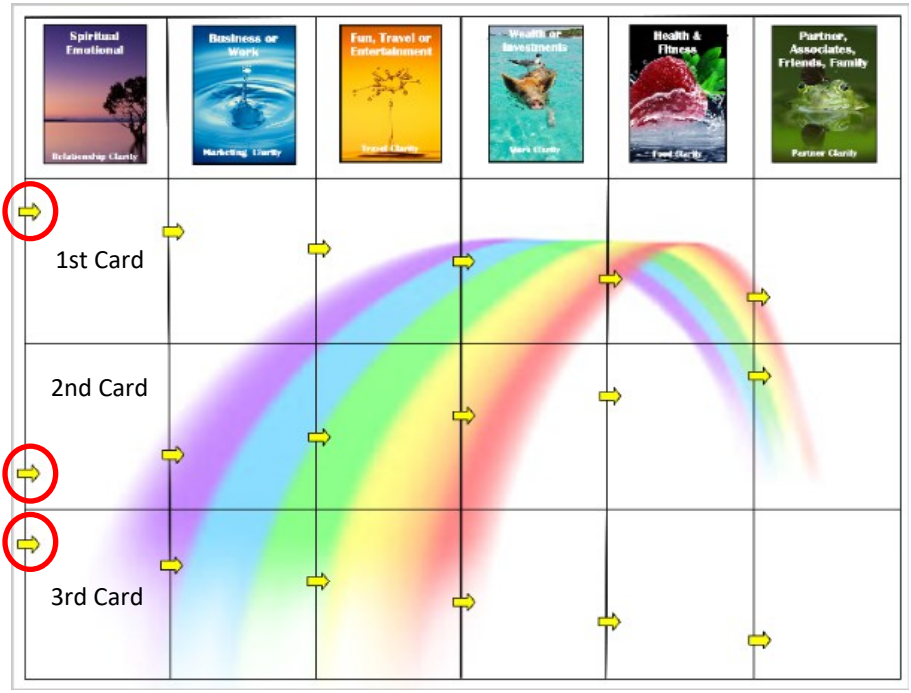
DIRECTIONS

You, the Facilitator will set out the 6 different CLARITY™ cards in piles along the top of the board marked CLARITY™ Cards. You will have 6 of the same card in each pile.



Ask the Seeker [the person you are reading for] to shuffle the Flow Cards while they think of a question they want answered. Have the Seeker select 6 Flow Cards of their choice from the deck then leave these cards to the side of the board.

The Facilitator then takes the Flow Cards from the Seeker & places 3 cards face up in the first column starting at the top. Looking at **ONLY** where the yellow arrow is pointing on the first card, ask the Seeker what this means to them in relation to the topic on the **CLARITY™ Card in this column**.
ASKING QUESTIONS ONLY. ALLOWING THE SEEKER TO ANSWER AS IT IS THEIR CONSCIOUSNESS READING THE CARDS. This is a real clue to the reading as the Seeker will

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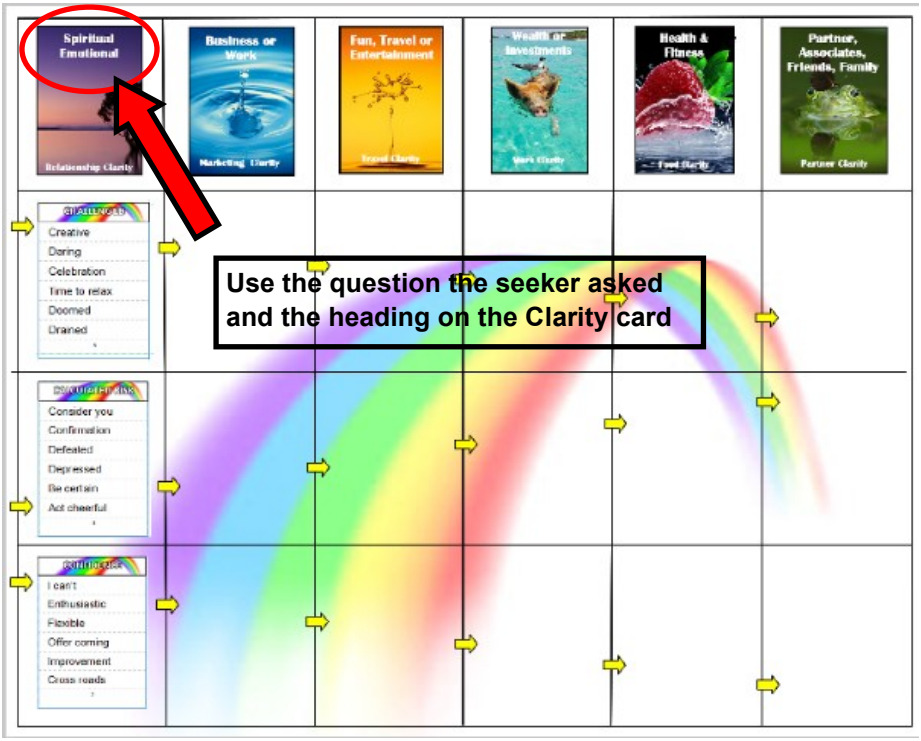

answer their own questions, find their own truth and realise how to take the next action steps to improve their life. You are welcome to use your intuition however anyone can read these cards even if they think they don't have any insights.

Do this for the next 2 cards as well then ask them which **2 cards** they would like another **1 card on in this column**. They can only have a maximum of **2 more cards for CLARITY™ out of the possible 3 cards on the board**. They can choose **not** have any cards at all. Each column can only have **5 Flow Cards max.**

After you have read column 1, lay out the next 3 cards for column 2 asking the Seeker what these cards mean to them. Then continue on the same as column 1 asking if they would like a further 2 cards on any of the 3 cards in this column. Continue filling the above columns as above until you have covered the board with cards.

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END OF THE READING

After you have completed the 6 columns with a maximum of 5 cards on each column, the reading is almost complete. Take the 6 cards that have been set to the side by the Seeker and turn them up reading ONLY the top word on the Flow Card.

This is the overall energy and confirmation for each column, if there is no word no confirmation is needed.

If you turn up a **coloured Card that has the words CLARITY™ Card** you will need to turn a CLARITY™ Card up for that column. The Seeker can do a release by choosing a CLARITY™ Card from that column & have the facilitator read the card to them.

CLARITY™ CARDS - READ 3 TIMES IF NECESSARY!

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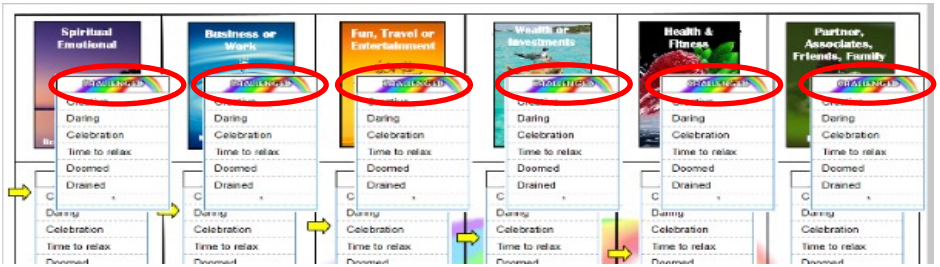

The Sedona Method is a unique, powerful, easy-to-learn technique that allows anyone to uncover their natural ability of letting go any painful or unwanted feeling or belief.

When the yellow arrow is pointing to “CLARITY™ Card” it means that the Seekers awareness is giving them a **massive** clue as to what they are to let go of.

Take this seriously as often this will bring up emotions they may not be prepared for.

Sometimes the questions may seem a little strange however trust that their awareness knows exactly what to do.

Releasing is a natural state that is done automatically without any help from the Seeker. Please view the instruction video listed on the front of this booklet.

The CLARITY™ Cards are used with permission from **The Sedona Method,** please research this method by going to the Sedona Method site as it will assist you to understand how and why this way of clearing is so fast. There are also free

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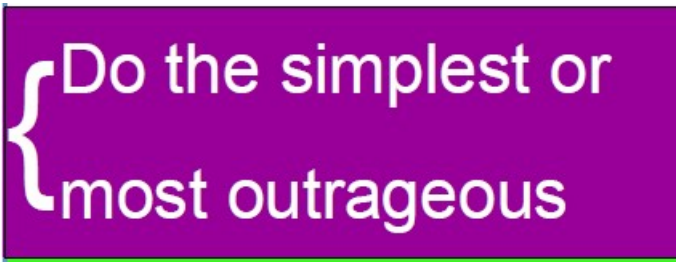
support calls so make sure you join their mailing list.

CLARITY™ CARD & OIL — READ 3 TIMES IF NECESSARY!
Before you read the back of the CLARITY™ Card ask the Seeker if they would like a drop or two of an Australian scented oil placed on their wrist. Ask them to rub their wrists together and starting from the top of their head move both wrists through their aura.

Before you read the card for a 2nd/3rd time ask the Seeker if they can still feel emotion in either the stomach or heart, if yes read the card again.

{ READ BOTH LINES it is a special message.

SUCCESS AHEAD is a positive outcome for whatever column it sits. You do not take a 4th or 5th card when this is present as it's all good news.



SEASONS
There are 4 seasons in the Flow Deck

FEELINGS Ask the Seeker how this fits in their life. May need a CLARITY™ Card?

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READ YOUR OWN CARDS

Yes you can read your own cards, remember to take it slowly asking questions of yourself as they come up.

ALTERNATIVE READINGS

If the Seeker would like a reading for just on one part of their life, **like Wealth.** Remove all the cards and spread out the **6 Wealth** cards placing them in the CLARITY™ Card boxes along the top. Then do the reading exactly the same as you would normally. You may find the topics a little ambiguous so ask the Seeker prior to placing the 3 cards in the column what the wording on the Clarity card means to them.

GROUP READINGS UP TO 36 PEOPLE

Great for parties, afternoon teas, spiritual events etc. Show everyone the 6 CLARITY™ Card topics and ask them to chose one. When it's their turn place their card on the board in the CLARITY™ Card Section then 3 cards in the column, followed by another 2 if required. At the end ask them to pick up their CLARITY™ Card & hand it to you so they can release on the topic that came up using the Flow Cards.

Everyone can release on this card based on their own question for that topic,, not just the person who is being read for.

MORE INFORMATION

CLARITY™ Card Video & Instructions
http://www.claritycards.com.au/instructions
Graphics, Design & Distribution
Kerrie & Sian Mercel http://www.claritycards.com.au
Clarity Oil is an Australian Essential Oil
http://www.claritycards.com.au/clarityoil
The Sedona Method
http://www.sedona.com

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